



# REVIEW



Sep. 27, 2024

## Message From Administration

Hello Rouge Park Families,

Every year on September 30, Canadians observe National Day for Truth and Reconciliation and Orange Shirt Day. It is a day to educate and promote awareness of residential schools and their lasting legacies of trauma, suffering and genocide of Indigenous Peoples. Students have been participating in age-appropriate learning around Truth and Reconciliation and we are hoping that many will wear orange on Monday in honour of this day.

On Tuesday, October 1st we will host our annual Meet Our Staff event. Please join us on the back pavement from 5:00 onwards. We will have food and dessert trucks (there will likely be some line-ups) for families to enjoy. This is a great opportunity to mix and mingle with your children and their school community. At 6:15, formal presentations will begin in classrooms.

Next week is also our Terry Fox run. Please see details below and donate online or by sending a toonie to school next Wednesday.

To all families who will be celebrating Rosh Hashanah next week, we wish you a happy time with family and friends.

As always, please reach out if you have any questions, concerns or comments. We care about your children and want to ensure we are here to help.

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## Upcoming Events:

Date	Day	What's Happening at School?
Sep. 30	4	<ul style="list-style-type: none"><li>• <b>National Day for Truth and Reconciliation - Orange Shirt Day</b></li><li>• Student council exec team meeting @ 9:50</li><li>• Cricket at 9:55</li><li>• Int. girls volleyball practice @ 12:20</li><li>• Int. girls volleyball game @Unionville Meadows 3:00 pm</li></ul>

Oct. 1	5	<ul style="list-style-type: none"> <li>• Int. boys volleyball @ 7 a.m.</li> <li>• Cricket @ 9:55</li> <li>• Kids Kitchen for those who ordered</li> <li>• <b>Meet our Staff Event from 5:00-7:30 pm</b></li> </ul>
Oct. 2	1	<ul style="list-style-type: none"> <li>• Cricket @ 9:55</li> <li>• Snack Shack at morning recess</li> <li>• <b>Terry Fox Run 10:30-12:00</b></li> <li>• Lunch Lady for those who ordered</li> <li>• Int. boys volleyball @ 12:15</li> <li>• Int. boys volleyball game vs. Franklin @ 2:45</li> </ul>
Oct. 3	2	<ul style="list-style-type: none"> <li>• Int. boys volleyball at 7:00 am</li> <li>• Student council exec team meeting @ 9:50</li> <li>• Cricket @ 9:55</li> <li>• Cross country practice @ 10:00</li> <li>• Pizza day for those who ordered</li> </ul>
Oct. 4	3	<ul style="list-style-type: none"> <li>• <b>We celebrate World Teachers Day</b></li> <li>• Saving Mother Earth Club @ 9:50</li> <li>• Cross country practice @ 10:00 am</li> <li>• Open volleyball (intermediate co-ed)</li> </ul>

## Mark your calendars:

<p><b><u>Upcoming Events:</u></b></p> <p><b>Oct. 10</b> - Area Cross Country - Milliken Mills Park  <b>Oct. 15</b> - School Council Mtg @ 6:30  <b>Oct. 23</b> - Grade 7 Immunizations  <b>Nov 6</b> - Take Our Kids to Work Day  <b>Nov. 13</b> - Picture Retake Day  <b>Nov. 14</b> - Parent/Teacher Interviews  <b>Dec. 12, 13</b> - Grade 2 trip to Milne  <b>May 7-9</b> - Grade 8 Trip to Camp Pinecrest</p>	<p><b><u>School Holidays</u></b></p> <p><b>Thanksgiving Day</b> - Mon., Oct. 14  <b>Winter Break</b> - Dec. 23, 2024 to Jan. 3  <b>Family Day</b> - Mon., Feb. 17  <b>Mid-Winter Break</b> - March 10, to March 14  <b>Good Friday</b> - April 18  <b>Easter Monday</b> - April 21  <b>Victoria Day</b> - Mon. May 19</p> <p><b><u>P.A. Days</u></b></p> <p>Monday, October 21, 2024  Friday, November 15, 2024  Friday, January 17, 2025  Friday, January 31, 2025  Monday, June 9, 2025  Friday, June 27, 2025</p>
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## “Meet our Staff” Event at Rouge Park:

On Tuesday, October 1, we will be hosting a “Meet Our RPPS Staff” evening at Rouge Park. Please plan to join us for food and ice cream trucks on the back tarmac followed by presentations in classrooms where you will

have the opportunity to meet your child's teacher. The gathering on the back tarmac will begin at 5:00 pm followed by classroom presentations from approximately 6:15-6:45 and 6:45-7:15.

## Agendas

If sending cash for your child(ren)'s **agenda**, please send the exact change. You may also pay through SchoolCash Online. The cost is \$8.00 for each agenda.

## An Update from the Library:

The Library Learning Commons collection is an important resource for everyone at Rouge Park Public School. Every student can take out one book per visit; the loan period is 2 weeks. Books may be renewed as needed. Beginning with the 2024/2025 school year, If a book is lost or damaged (and cannot be repaired) families will be asked to pay for the replacement cost of that item, based on the price associated with it when it was programed into the collection. Please let us know if you know if you have questions or concerns.

## School Start-Up Forms:

Each year, we ask all parents/guardians to complete important forms. These forms are available online. [Please complete and submit these online School Start-Up Forms](#) through your child's YRDSB Google account.

Translations are available in:

- [Arabic - العربية](#)
- [Farsi - فارسی](#)
- [Gujarati - ગુજરાતી](#)
- [Hebrew - עברית](#)
- [Korean - 한국어](#)
- [Punjabi - ਪੰਜਾਬੀ](#)
- [Russian - Русский](#)
- [Simplified Chinese - 简体中文](#)
- [Tamil - தமிழ்](#)
- [Traditional Chinese - 繁體中文](#)
- [Turkish - Türk](#)
- [Urdu - اردو](#)
- [Vietnamese - Tiếng Việt](#)

## Terry Fox School Run/Walk at Rouge Park!

The Rouge Park Raptors will be participating in the Terry Fox School Walk/Run on Wednesday, October 2nd. Students are encouraged to wear their best running shoes, bring a water bottle, and a sunhat for the walk/run. Our goal is to learn about Terry Fox, and raise money for The Terry Fox Organization. We hope every student can donate a toonie for Terry at:

<http://schools.terryfox.ca/RougeParkPSMarkham>



## Saving Mother Earth Club:

Hey nature enthusiasts! Exciting news— the Saving Mother Earth Club is restarting soon! 🌱 If you're passionate about protecting the environment and want to take part in fun, hands-on activities that make a real

difference, this is the club for you. Join us in Portable 1 on Friday, October 4th, during morning recess to learn more and sign up. Let's work together to protect our planet—see you there!

## International Walk to School Month:

International Walk to School Month (IWALK) is an annual celebration of active transportation that takes place around the world throughout the month of October. IWALK Month officially launches October 2, 2024.

When walking to school, here are some important safety tips to remember:

- Look all ways before you cross the street. Always STOP, LOOK and LISTEN before crossing.
- Cross at intersections and crosswalks, when possible.
- Always make eye contact with drivers before you cross the street.
- Obey traffic signals and signs.
- Use a sidewalk if there is one.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week or consider parking and walking a block to decrease the pollution and improve safety around your school.

If you choose to drive, please be mindful of students who walk and cycle, drive slowly and be highly vigilant of your surroundings. If your child is eligible for the bus/student transportation, have them walk to the bus stop. Riding the bus is sustainable!

## School Cash Online:

Rouge Park uses online payments through School Cash ONLINE for all school-related purchases:

School Cash Online provides the following benefits:

- A convenient fee payment option that saves time
- Reduces paper
- No more need to send cash or cheques to school
- A quick way to register. It takes less than 5 minutes to register.

Parents that opt to participate will receive notification via email of student fees owed (both required and optional), and can make secure online payments by credit card or Interac and receive a receipt.

To view a presentation about the program, go to <http://www.kevsoftware.com/movies/ParentRegEnglish/>.

Follow the easy steps at [this link](#) to register and get started!

## Snack Shack:

To those of you who are new to RPPS, our grade 8 students run a Snack Shack every Wednesday at morning recess. All students are welcome to bring \$2 to purchase a cookie or bag of popcorn. This year we will also offer goldfish crackers for \$1.

## School Council:

Our next meeting will take place on Tuesday, October 15th from 6:30-7:30 pm. All are welcome to attend.

## Health Forms:

Fillable Health Care forms are now available for families who have children with asthma, seizure disorders, anaphylaxis, diabetes, and/or other prevalent medical conditions. This also applies to children who require the administration of medication at school. These forms can be accessed through the links below and/or a paper copy can also be requested from your child's school office.

[Anaphylaxis Health Care Plan](#)

[Asthma Health Care Plan](#)

[Diabetes Health Care Plan](#)

[Epilepsy/Seizure Disorder Health Care Plan](#)

[Self Administration of Medication Form](#)

[Staff Administration of Medication Form](#)

Once you've completed the appropriate Health Care Plan, please return it WITH the appropriate medication to school with your child. The form and medication can be placed in a sealable bag, with the student name marked on the bag and left at the office.

## **Donations to Rouge Park:**

This year many of our students have benefited from the generous donations of others in our community. We have had families donate to pizza day, the snack program, school clothing, our grad trip and more. Oftentimes these donations are life-changing for our students as they allow them to fully participate in everything we have to offer. Thank you to everyone who has so generously donated to our school. If you are able, we are currently asking for donations to support all of the above initiatives. Donations can be made by clicking on the Donate button on School Cash Online or by sending a cheque made out to Rouge Park Public School.

**Please scroll down for flyers and pictures**

## ***Our 6th Annual Terry Fox Run - 2024***



We are excited to share that our 6th Annual: Rouge Park Terry Fox Walk/Run will take place on Wednesday, October 2nd, 2024.

Students will be running or walking a circuit around the school, with the hope of supporting cancer research. Younger students will be running in the back area of the school. Our school run/walk will last for an hour. Students will need to come to school prepared with their water bottle, sunscreen (already applied), sunhat, sunglasses, running shoes, and appropriate attire.

Students are encouraged to donate using this link:

<http://schools.terryfox.ca/RougeParkPSMarkham>



For safety reasons, students should not be going door to door to campaign for donations. They should not be asking people they do not know for donations. Instead, students are encouraged to ask friends and family for small donations. Our goal is to have every student donate a **toonie for Terry**, as a toonie from each student can add up to an important contribution to the Terry Fox Organization. If you are uncomfortable donating online, you can send a toonie in with your child.

This event is intended to help students understand an important role model in Canada's history, who teaches about dreaming big, helping others, perseverance, and taking action. We appreciate your help with encouraging your child to fully participate and do their best at the Terry Fox School Run/Walk event.

Let's go Raptors!



Rouge Park Public School

# MEET THE TEACHERS!



TUESDAY, OCTOBER  
1ST, 2024

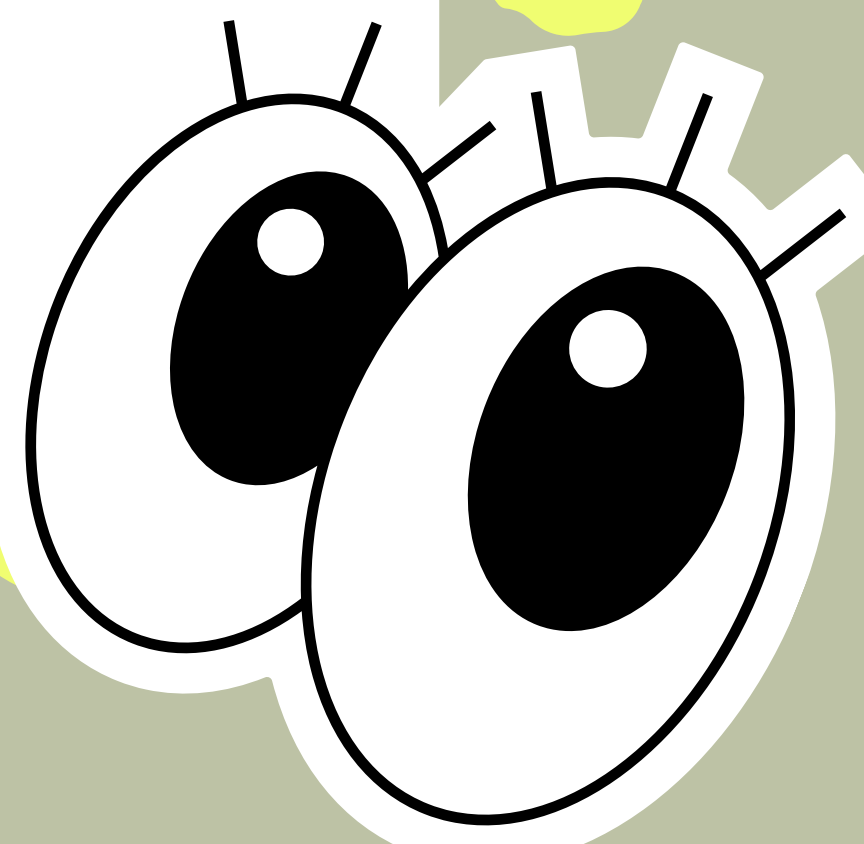


**FOOD & ICECREAM TRUCK ON  
THE BACK TARMAC FROM 5-6**

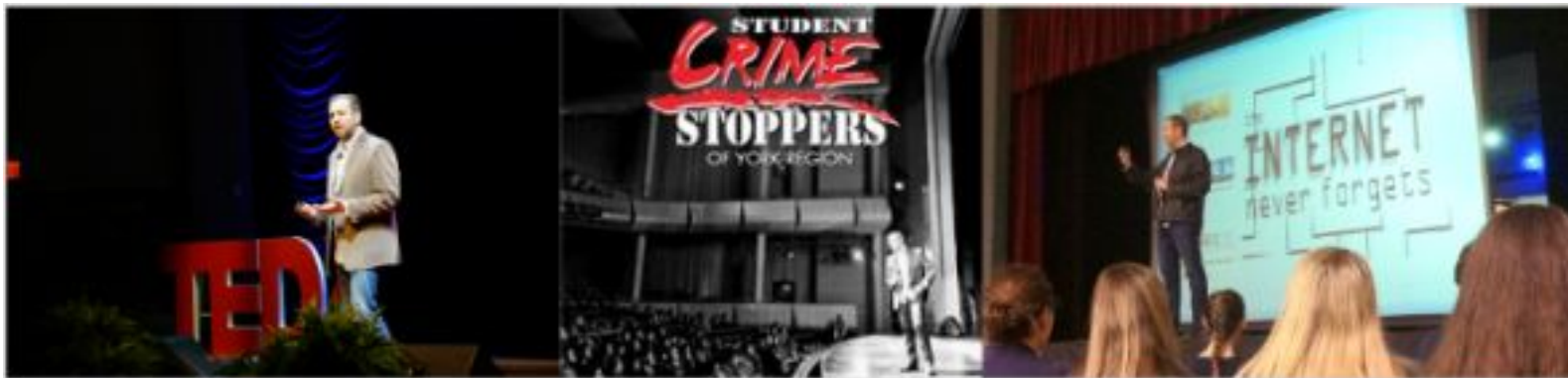
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**PRESENTATION 1: 6:15**

**PRESENTATION 2: 6:45**







# SOCIAL MEDIA AND ONLINE SAFETY

An evening for parents/guardians/caregivers with

**Paul Davis**



**Where:** Cornell Village P.S. - Gym

**When:** October 23, 2024  
6:30 pm-7:30 pm  
(followed by Q&A period)

**RSVP:** Click [here](#) or scan the QR code below to register. Registrations accepted until October 16.

**Childcare will be available for school-age children.**

## Topics include:

Snapchat / TikTok / Instagram / Discord  
Smartphones and Digital Trails  
Cyberbullying / Sextortion  
Privacy & Online Security

**You're  
invited!**

**Empowering Parents in the Digital Age**



SCAN TO REGISTER



# WELCOME TO THE LUNCH LADY

We are proud to be serving

Rouge Park PS

Meals will be delivered every  
Wednesday starting Wed Sept 11.  
Submit your order by Tuesday 8am for  
Wednesday order



Ready to place your first order?  
Visit [order.thelunchlady.ca](http://order.thelunchlady.ca) to get started!



Special Food needs?  
Make sure to email us  
before you order.



Reduce single use plastics.  
Bring your own cutlery  
from home.



Sick child?  
It happens. Email us before 8am  
to receive a credit.

**Have questions? Missed Cut Off? We are here to help:**

**Contact Marlyn**

**[marlyn@thelunchlady.ca](mailto:marlyn@thelunchlady.ca) / 905-470-2598**



## *Little Lunches* by the Lunch Lady

sized for smaller appetites

All Little Lunch combos come with fruit and yogurt.  
Perfectly created for little hands!



### **Pancakes** Little Lunch

Whole grain bite-sized  
pancakes & side syrup.



### **Spaghetti & Meatballs** Little Lunch

Whole wheat pasta and  
beef meatballs in homemade sauce.



### **Chicken Nuggets** Little Lunch

Lightly breaded, baked  
chicken breast nuggets.



### **Grilled Cheese** Little Lunch

Real cheddar on  
whole wheat.



### **Mac & Cheese** Little Lunch

Homemade sauce  
with real cheddar.



### **Assorted Sides** Available!

salads, snacks and treats  
to choose from.

**Ready to order?**

Visit our online ordering site: [order.thelunchlady.ca](https://order.thelunchlady.ca)

Proud to be serving lunches every TUESDAY @  
ROUGE PARK P.S.

Lunch service begins on Tuesday, September 17th



Kids Kitchen is prepared and ready to assist with  
the safe and healthy implementation of your  
school's hot lunch program



SAFETY  
FIRST



NUT FREE  
ALLERGY  
AWARE



GRAB & GO



VEGETARIAN,  
GLUTEN FREE &  
ALLERGY OPTIONS

## SAMPLE MENU

### Entrees

Macaroni & Cheese  
Beef Soft Taco  
Bean Soft Taco  
Pancakes with Turkey  
Sausage  
Pasta with Meat  
Sauce (GF)  
Pasta with Tomato  
Sauce (GF)  
Tuna Salad Sandwich  
on a Kaiser  
Chicken Fingers with  
Rice (GF)  
Beef Burger (H)  
Chicken Burger (H)  
Veggie Burger

### Side Items

Chicken Fingers  
(2 pcs) (GF)  
Baked Potato with  
Sour Cream  
Garden Salad with  
Ranch Dressing  
Steamed Veggies  
Edamame (shelled)  
Cucumber Slices  
Veggies & Dip  
Perogies (4 pcs)  
Garlic Bread  
2% or Chocolate Milk  
Various Fruit Juices  
(100% juice)

### Snacks & Desserts

Fresh Apple  
Fresh Pear  
Fresh Orange Wedges  
Diced Fruit  
Yogurt Cup  
Chocolate Chip Cookie  
Kettle Popcorn  
Fresh Fruit of the Season  
Fudgy Brownie  
Banana or Carrot Muffin

(GF) Gluten-friendly also available

(H) Halal also available

Not all options are available in all  
locations. Please check online to see  
the options at your school.

## DELIVERING GOOD, REAL FOOD TO KIDS AT SCHOOL

Our commitment is to  
provide nutritious, delicious,  
"home-cooked" meals with  
simple ingredients that you'd  
find in your own kitchen.

## SPECIAL DIETARY NEEDS?

No problem! We're here for  
you. Speak with us on how  
we can accommodate your  
child.

## ORDER ONLINE

Visit [www.kidskitchen.ca](http://www.kidskitchen.ca) to  
see your school's menu,  
specials and for fast,  
secure, online ordering.



SEE YOUR SCHOOL'S  
MENU ONLINE

Need Help with your order?

905-944-0210 (M to F 8:30am-2pm) or email us:  
[information@kidskitchen.ca](mailto:information@kidskitchen.ca)





Proud to be serving lunch at  
**ROUGE PARK P.S.**  
Service Day: Tuesday

YOUR SCHOOL MENU INCLUDES FUNDRAISING FOR YOUR SCHOOL

## Entrees

Beef burger	\$6.25
Buttery Pasta	\$6.75
Chicken Burger (H)	\$6.75
Chicken Fingers with rice pilaf (GF) (H)	\$8.00
Chicken Vegetable Stir-fry with steamed basmati rice (H)	\$8.25
Grilled Cheese sandwich on whole wheat bread	\$6.50
Grilled Cheese & Turkey sandwich	\$7.50
Macaroni & Cheese	\$7.25
Meatballs with mashed potatoes, gravy & corn (H)	\$8.25
Pancakes (2pcs) with Turkey sausage (2pcs) & syrup	\$8.25
Pasta with meat sauce (GF)	\$7.75
Pasta with tomato sauce (GF)	\$6.75
Turkey Burger on a whole wheat bun	\$6.75
Veggie (w/ tofu) Stir-fry with steamed basmati rice	\$7.75
Veggie balls with mashed potatoes, gravy & corn	\$8.25
Veggie burger	\$6.75

NEW

UPDATED

NEW

UPDATED

## Complete Meals

BLT (turkey bacon, lettuce & tomato) with Fruit	\$8.25
Chicken caesar wrap with Fruit (H)	\$8.25
Tuna salad sandwich with Fruit	\$8.25
Chicken fried rice with Fruit (H)	\$7.00
Tofu fried rice with Fruit	\$7.00

NEW

## Snacks & Desserts

Banana muffin (SFTE)	\$1.95
Carrot muffin (gluten-friendly) (SFTE)	\$1.95
Chocolate chip cookie (SFTE)	\$1.50
Diced fruit	\$2.50
Fruit of the day	\$1.75
Fudgy Brownie (SFTE)	\$1.75
Popcorn	\$2.15
Yogurt cup	\$1.75

## Side Items

Baked potato with sour cream	\$2.50
Chicken fingers only (2pcs) (GF) (H)	\$5.00
Corn niblets	\$1.85
Cucumber slices	\$1.75
Edamame (cold, shelled)	\$2.35
Garden salad with italian dressing	\$3.35
Garlic bread	\$1.85
Pancakes (2pcs) with syrup	\$4.85
Perogies (4pcs) with sour cream	\$4.55
Steamed Rice	\$2.50
Veggies & dip (ranch)	\$2.75

## Drinks

2% Milk	\$1.75
Chocolate Milk	\$2.00
Various fruit juices (100% juice)	\$1.75

Apple juice; Apple grape; Fruit punch; Strawberry banana orange

## Condiments

Butter	\$0.50
Cheddar Cheese slice	\$1.00
Extra Syrup	\$0.35
Mayonnaise	\$0.55
Parmesan cheese	\$0.55
Pickles	\$0.50
Plum sauce	\$0.50
Ketchup, Relish, Mustard	Comp.

Rice pilaf = with peas & carrots

(GF) Gluten-friendly also available. See prices online.

(H) Halal options also available. See prices online.

(SFTE) Sweets from the Earth Premium Baked Good.

Prepared in our inspected, commercial nut-free facility. We follow all Public Health Guidelines & Safety Protocols.

We specialize in individually packaged Grab'n'Go service.

Please contact us directly regarding any allergy questions or concerns.

Due to challenges with food supply, substitutions may be made at our discretion.

Leave the lunches to us! Visit our website at [www.kidskitchen.ca](http://www.kidskitchen.ca) for more menu options.

Ordering is easy! Online orders must be entered by 10am the previous business day.

Call: 905-944-0210 Email: [information@kidskitchen.ca](mailto:information@kidskitchen.ca)



2024-2025